

# Middle Lunch Menu

May 2018

Jeanne Pierce: Food Service Director

Telephone Number: 775 -8449

|   | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY  |
|---|---|--|---|---|---|
| Offered Tuesday & Thursday<br><br><b>Chicken Patty or Spicy Chicken Patty on a Bun \$3.00</b> | Vegan/Vegetarian Options Daily:<br><b>Menu Announced Daily</b>  | 1<br>Chicken & Broccoli Alfredo over Pasta<br>Garlic Bread Stick<br>Garden Salad<br>Fruit<br>Milk  | 2<br>BBQ Rib-A-Que Sub<br>Baked Onion Rings<br>Cole Slaw<br>Assorted Fruit<br>Milk  | 3<br>Chicken Parm Sub<br>Chips<br>Vegetable Sticks w/Hummus<br>Fruit Cocktail<br>Milk   | 4<br>Cheese Quesadilla<br>Spanish Rice<br>Steamed Corn<br>Salsa, Sliced Peaches, Milk                           |
| <b>To Go Salad Selections: Chicken Caesar, Caesar, Garden Salad \$3.50</b>                    | 7<br>Mike's Cheese Bites<br>Dipping Sauce<br>Garden Salad<br>Assortment of Fruit<br>Milk  | 8<br>Pulled Pork Taco Boat<br>Rice, Mexican Corn Salad<br>Refried Beans<br>Lettuce, Tomato, Salsa<br>Fruit<br>Ice Cream<br>Milk  | 9<br>Breakfast Sandwich<br>Egg, Cheese<br>Croissant<br>Hash Brown<br>Assorted Fruit<br>Milk   | 10<br>General Tso's Chicken<br>Fried Rice<br>Steamed Broccoli<br>Pineapple Tidbits<br>Fortune Cookie<br>Milk                  | 11<br>Meatball Sub<br>Oven Roasted Eggplant<br>Mixed Fruit<br>Milk  |
| <b>Offered Daily: Homemade Pizza \$3.00 Value Price 2 slices \$5.00</b>                       | 14<br>Chicken & Gravy over Mashed Potatoes<br>Warm Biscuit<br>Steamed Carrots<br>Assorted of Fruit<br>Ice Cream<br>Milk               | <u>Potato Bar</u><br>Baked Potato<br>Dinner Roll<br>Choice of: Chili, Cheese Sauce,<br>Steamed Broccoli, Bacon Bits<br>Vegetable Sticks w/ Hummus<br>Assorted of Fruit, Cookie, Milk | <u>Ramen Noodle Bar</u><br>Noodles w/ Broth w/ Chow Mein<br>Noodles<br>Dinner Roll<br>Choice of: Egg, Chicken, Tofu,<br>Broccoli, Mushrooms, Snap Peas<br>Mixed Fruit<br>Milk | 18<br>Steak & Cheese Sub<br>Sautéed Peppers & Onions<br>Oven Baked Fries<br>Sliced Peaches<br>Milk                            | 19<br>Chicken Fajita Served w/ Rice, Corn, Sautéed Peppers & Onions<br>Salsa, Sour Cream<br>Fresh Fruit<br>Milk |
| Offered Daily<br><b>Yogurt Parfait \$3.50</b>   | 21<br>Chicken Salad<br>Croissant or Ham & Cheese Croissant<br>Homemade Chicken Noodle Soup<br>Kale Chips<br>Grapes, Ice Cream<br>Milk | <u>Top Your Own</u><br>Mac & Cheese<br>Pasta w/ Cheese<br>Sauce select: Ham, Hot Dog, Broccoli<br>Dinner Roll<br>Oven Roasted Buffalo Cauliflower<br>Apple Sauce Cup<br>Milk         | <u>Flat Bread Bar</u><br>Select a Flatbread<br>Add Toppings<br>Broccoli Slaw<br>Sweet Red Pepper Slices<br>Fruit<br>Milk  | 24<br>Hot Dog on a Roll<br>Choice of: Cheese Sauce, Chili, Sautéed Onions<br>Baked Beans<br>Baked Oven Fries<br>Fruit<br>Milk | 25<br>Manager's Choice<br>Roasted Edamame<br>Fruit<br>Milk  |
| <b>Main Meal or Uncrustable PB&amp;J Sandwich Meal Lunch \$2.90 Offered Daily</b>             | 28<br>Memorial Day<br><br>No School   | 29<br>Pasta w/ Meatballs<br>Garlic Stick<br>Garden Salad<br>Fruit Cocktail<br>Milk   | 30<br>Taco<br>Lettuce, Tomato & Cheese, Salsa<br>Rice, Corn<br>Fresh Melon<br>Milk  | 31<br>Homemade Mac & Cheese<br>Dinner Roll<br>Cucumber & Tomato Salad<br>Sliced Peaches<br>Milk                               |   |

This institution is an equal opportunity provider