

Great Bay eLearning Charter School

Lunch Menu

January 2018

Jeanne Pierce: Food Service Director
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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Milk Choices: Skim, 1% or Chocolate \$.50	Offered Daily: Sliced Ham & American Cheese Sub w/ Lettuce, Tomato, Chips, Vegetable of the Day, Fruit , Milk \$3.75	² Bosco Sticks w/ Marinara Sauce, Vegetable, Fruit, Milk	³ Chicken Fajita's Sautéed Peppers & Onions Steamed Corn Fruit Milk	⁴ French Toast Sticks Maple Syrup Sausage Links Spring Mix Salad Juice Milk	⁵ Corn Dog Baked Beans Steamed Broccoli Fruit Milk
Salad's To GO: \$3.50 Chicken Caesar Salad or Garden Salad Main Meal \$3.25	⁸ Chicken Patty or Spicy Chicken Patty on Bun Garden Salad Fruit Cocktail Milk	⁹ Taco Boat Served w/ Refried Beans Lettuce, Tomato & Cheese Rice Corn Fruit Milk	¹⁰ Hamburger or Cheese Burger on Bun Sweet Potato Fries Salad Fruit Milk	¹¹ Stuffed Peppers Mashed Potatoes Gravy Dinner Roll Cookie Fruit Milk	¹² Chicken Parmesan over Pasta Oven Roasted Eggplant Dinner Roll Fruit Cocktail Milk
Uncrustable Peanut butter & Jelly Sandwich Vegetable, Fruit & Milk \$3.25	¹⁵ Martin Luther King Jr. Day	¹⁶ Mike's Cheese Bits w/ Marinara Sauce Oven Roasted Buffalo Cauliflower Fruit Milk	¹⁷ Chicken Tenders Sweet Potato Fries Apple Sauce Cup Milk	¹⁸ BBQ Rib-A-Q Sub Oven Fries Fruit Milk	¹⁹ Pasta w/ Meatballs, Bread Stick Garden Salad Fruit Milk
Strawberry and Blueberry Yogurt Parfait \$3.50	²² Shaved Steak & Cheese Sub or Italian Sausage Sub Sautéed Peppers & Onions Baked Beans Onion Rings Applesauce Cup Milk	²³ Mac & Cheese Dinner Roll Steamed Broccoli Fruit Milk	²⁴ Chicken Pot Pie Roasted Potatoes Warm Buttermilk Biscuit Fruit Milk	²⁵ Homemade Meatloaf Mashed Potatoes Gravy Steamed Carrots Dinner Roll Fruit Milk	²⁶ Mike's Cheese Bites w/ Marinara Sauce Oven Roasted Chick Peas Fruit Milk
Pizza offered T & Thursday \$3.25 Value Price two slices \$5.00	²⁹ Chicken Patty or Spicy Chicken Patty on a Bun Vegetable Sticks w/ Hummus Fruit Milk	³⁰ Meatball Sub or Italian Sausage Sub Sautéed Peppers & Onions Baked Beans Fruit, Milk	³¹ General Tso's Chicken Vegetable Egg Roll, Fried Rice Steamed Broccoli, Fruit, Fortune Cookie Milk	¹ Grilled Hot Dog on Bun, Cheese Sauce, Chili Baked Onion Rings Ice Cream Fruit Milk	² Buffalo Chicken Bleu Cheese Dressing Oven Fries Celery & Carrots Sticks Dinner Roll Fruit Milk

This institution is an equal opportunity provider.

This menu meets the nutritional guidelines for the National School Lunch Program as established by the USDA.