

Great Bay eLearning Charter School

Lunch Menu

August/September 2017

Jeanne Pierce: Food Service Director
Telephone Number: 775 -8449

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Milk Choices: Skim, 1% or Chocolate \$.50	28 Chicken Tenders Dinner Roll Spicy Fries Fresh Fruit Milk	29 Chicken Patty on Bun or Spicy Chicken Patty on Bun Mashed Potatoes Carrots Cookie Milk	30 Bosco Sticks w/ Sauce Garden Salad Fruit Milk	31 Shaved Steak & Cheese Sub Peppers & Onions Baked Onion Rings Fruit Milk	If you receive FREE or REDUCE Lunch you also receive Breakfast for FREE or REDUCE Price. New Application Required Each Year!
Salad's To GO: \$3.50 Chicken Caesar Salad or Garden Salad Main Meal \$3.25	4 Labor Day	5 Chicken Parmesan over Pasta Dinner roll Garden Salad Fresh Fruit Milk	6 General Tso's Chicken Vegetable Egg Roll Fried Rice Stir Fried Vegetables Pineapple Tidbits Milk	7 Soft Shell Taco w/ Refried Beans Lettuce, Tomato & Cheese Mexican Corn Fresh Melon Milk	8 Hamburger or Cheeseburger on Bun Long Grain Wild Rice Steamed Carrots Fruit Milk
Uncrustable Peanut butter & Jelly Sandwich Vegetable, Fruit & Milk \$3.25	11 Cheese Ravioli Garlic Stick Garden Salad Sliced Peaches Milk	12 Whole Wheat Donut Scrambled Eggs Sausage Link Baked Beans Juice Milk	13 Homemade Meatloaf Mashed Potatoes Gravy Dinner Roll Assorted Fruit Milk	14 Soft Shell Taco Refried Beans Lettuce, Tomato Cheese, Sour Cream, Corn Fruit Milk	15 Shrimp Poppers Bread Stick Tartar Sauce Smashed Cauliflower Fruit Milk
Deli Sandwiches \$3.75 Choice of; Tuna, Chicken Salad, Ham w/ American Cheese Wrap w/ Lettuce, Tomatoes	18 Pasta w/ Mozzarella Sticks Served w/ Marinara Garden Salad Fresh Fruit Milk	19 Baked Corn Dog Sidewinder Fries Cole Slaw Mixed Fruit Cookie Milk	20 General Tso's Chicken Fried Rice Egg Roll Steamed Broccoli Fruit Milk	21 Homemade Meat Lasagna Garlic Bread Stick Mixed Greens Salad Fruit milk	22 Sloppy Joe on Bun Steamed Carrots Oven Roasted Edamame Mixed Fruit Milk
Pizza offered T & Thursday \$3.25 Value Price two slices \$5.00	25 Shepherd's Pie Dinner Roll Mashed Potatoes Gravy Steamed Carrots Fruit Cookie Milk	26 Chicken Patty Baked Onion Rings Mixed Fruit Milk	27 Hamburger or Cheeseburger on Bun Oven Baked Sweet Potato Fries Fruit, Milk	28 Cheese Calzone Garden Salad Fruit Selection Milk	29 Fish Taco w/ Spicy Cole Slaw Baked Onion Rings Sliced Pears Milk

*This institution is an equal opportunity provider.
This menu meets the nutritional guidelines for the National School Lunch Program as established by the USDA.*