

# Exeter High Lunch Menu

March 2017

Jeanne Pierce: Food Service Director

Telephone Number: 775 -8449

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Offered Daily:</b> <b>Salad Bar</b> <b>\$3.50</b></p> <p><b>Parfait's</b> <b>\$3.50</b></p>			<p>Offered Monday &amp; Thursday Only</p> <p><b>Vegetarian Burger</b> <b>\$3.50</b></p>		<p>Offered Wednesday &amp; Friday's Only</p> <p><b>Salmon Burger</b> <b>\$3.75</b></p>
<p><i>Offered Daily:</i> <b>Pizza Bar</b> <b>\$3.00</b> <b>Value Price:</b> 2 slices Pizza <b>\$5.00</b> <b>Pasta Dish</b> <b>\$2.85</b></p>	6 Rib-A-Q- Sub Baked Onion Rings Baked Beans Fresh Fruit Milk	7 Sloppy Joe on a Bun Sweet Potato Fries Sliced Peaches Milk	8 Burger Bar Baked Potato Fries Fruit Milk	9 Soft Shell Taco Served w/ Refried Beans, Lettuce, Tomato, Shredded Cheese Rice Mexican Corn Fresh Fruit Milk	10 Vegetable Frittata Dinner Roll Hash Browns Orange Juice Cookie Milk
<p><b>Deli Bar Daily</b> <b>\$4.00</b></p> <p><u>Offered Daily</u> peanut butter &amp; Jelly Sandwich <b>\$3.00</b></p>	13 Meatball Sub or Italian Sausage Sub Sautéed Peppers & Onions Onion Rings Fruit Milk	14 Burrito Steamed Corn Rice Fruit Pudding Milk	15 Chicken Tenders Assorted Dipping Sauce Sweet Potato Fries Baked Beans Strawberry Cup Milk	16 Corned Beef Cabbage, Carrots, Potatoes Dinner Roll Fruit Cookie Milk	17 No School  Teacher In Service
<p>Offered <b>Daily</b></p> <p><b>Plain or Spicy Chicken Patty on Bun</b> <b>\$3.00</b></p> <p><b>Hamburg or Cheeseburger</b> <b>\$2.85</b></p>	20 Mozzarella Sticks Pasta served w/ Marinara Sauce Salad Fresh Fruit Milk	21 Chef's Choice Oven Roasted Legume Fruit Milk	22 General Tso's Chicken Vegetable Egg Roll Fried Rice Steamed Broccoli Fruit Milk	23 Shepherd's Pie Steamed Carrots Mashed Potatoes Gravy Dinner Roll Fruit Cookie Milk	24 Oven Baked Fish & Chips Dinner Roll Cole Slaw Fruit Milk
<p><b>Main Meal</b> <b>\$2.85</b></p> <p>All Meals come with Vegetable &amp; Fruit Bar Selections</p>	27 Soft Shell Taco Served w/ Refried Beans, Lettuce, Tomato, Shredded Cheese, Rice Mexican Corn Fresh Fruit Milk	28 Grilled Ruben Oven Baked Fries Fruit Pudding Milk	29 Steak & Cheese Sub Sautéed Peppers & Onions Sweet Potato Fries Fruit Milk	30 Baked Potato Skin Bar Choice of; Chili, Cheese, Bacon, Broccoli Assorted Fruit Milk	31 Shrimp Poppers Dinner Roll Oven Baked Onion Rings Fruit Milk

*This institution is an equal opportunity provider.*