

Exeter High Lunch Menu

April 2018

Jeanne Pierce: Food Service Director

Telephone Number: 775 -8449

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Offered Daily: Salad Bar \$3.50</p> <p>Soup offered Daily: \$2.00</p>	<p>Vegan or Vegetarian Options Daily: Menu announced daily</p> <p>Menu subject to change without notice.</p>			1	
<p><i>Offered Daily:</i> Pizza Bar \$3.00</p> <p>Value Price: 2 slices Pizza \$5.00</p> <p>Yogurt Parfaits \$3.50</p>	2 <p>Grilled Cheese Sandwich or Grilled Cheese & Tomato Sandwich Tomato Soup Goldfish Crackers Assortment of Fruit Milk</p>	3 <p><u>Taco Salad Boat</u> Taco Meat served in a Corn Taco Boat w/ Lettuce, Tomato & Cheese Salsa Sour Cream Rice, Corn Refried Beans Fruit, Cookie & Milk</p>	4 <p>General Tso's Chicken Vegetable Egg Roll Vegetable Fried Rice Steamed Broccoli Fruit Fortune Cookie Milk</p>	5 <p>Homemade Calzones Choice of: Cheese or Vegetable Served w/ Marinara Sauce Garden Salad Apple Sauce Cups Milk</p>	6 <p>Chicken Parmesan over Pasta Dinner Roll Oven Roasted Eggplant Fruit Cocktail Milk</p>
<p>Vegetarian/Vegan Bar Daily \$3.50</p> <p>Offered Daily Uncrustable Peanut Butter & Grape or Strawberry Jelly Sandwich \$3.00</p>	9 <p>Steak & Cheese Sub or Italian Sausage Sub Oven Baked Fries Fruit Milk</p>	10 <p>Blackened Mahi Mahi Dinner Roll Ruby Wild Blend Rice Sautéed Fresh Green Beans Ice Cream Fruit Milk</p>	11 <p>Scrambled Eggs Sausage Links Hash Browns Homemade Blueberry Muffin Orange Juice Milk</p>	12 <p>Smoked BBQ Pulled Pork Sandwich Cole Slaw Kale Chips Fruit Milk</p>	13 <p>Chicken Fajita Wrap Sautee Peppers & Onions Sour Cream, Salsa Lettuce Tomato, Rice Steamed Corn Fruit Milk</p>
<p>Offered Daily Pasta Entree \$3.00</p> <p>Daily On the Go-Cart Item Will be Announced \$3.00</p>	16 <p>Chicken & Gravy over Mashed Potatoes Steamed Carrots Bread Stick Fruit Cookie Milk</p>	17 <p><u>Top Your Mac & Cheese Bar</u></p> <p>Pasta w/ choice of Spicy Cheese Sauce Cheese Sauce; Chicken, Ham Hot Dog Broccoli Dinner Roll Peaches Milk</p>	18 <p><u>Flat Bread Bar</u></p> <p>Select a Flatbread Add Toppings Broccoli Slaw Oven Roasted Chick Peas Fruit Milk</p>	19 <p>Chicken Fajita's Sautéed Peppers & Onions Sour Cream, Lettuce, Tomato Rice Steamed Corn Fruit Milk</p>	20 <p>Chef's Choice Cucumber Salad Assorted Fruit Milk</p>
<p>Main Meal \$3.00</p> <p>All Meals come with Vegetable Fruit Bar & Milk Selections</p>	30 <p>Grilled Cheese or Grilled Ham & Cheese Tomato Soup Gold Fish Crackers Fruit Cocktail Milk</p>				

This institution is an equal opportunity provider.