

Exeter High Lunch Menu

May 2017

Jeanne Pierce: Food Service Director

Telephone Number: 775 -8449

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Offered Daily: Salad Bar \$3.50 Parfait's \$3.50	1 Bosco Sticks w/ Marinara Sauce Oven Roasted Chick Pea's Fresh Fruit Milk	2 Hot Dog on Bun Chili Cheese Sauce Sweet Potato Fries Sliced Peaches Milk	3 Shepherd's Pie Dinner Roll Steamed Carrots, Mashed Potatoes Gravy Fruit Cookie Milk	4 Chicken Tenders Dinner Roll Assorted Dipping Sauce Sweet Potato Fries Kale Chips Strawberry Cup Milk	5 Cinco Di Mayo Soft Shell Taco Served w/ Refried Beans, Lettuce, Tomato, Shredded Cheese, Rice Steamed Corn Fresh Fruit Churro Milk
<i>Offered Daily:</i> Pizza Bar \$3.00 Value Price: 2 slices Pizza \$5.00 Pasta Dish \$2.85	8 Rib-A-Q- Sub Baked Onion Rings Baked Beans Fresh Fruit Milk	9 Sloppy Joe on a Bun Sweet Potato Fries Sliced Peaches Pudding, Milk	10 Burger Bar Baked Potato Fries Fruit Milk	11 Grilled Cheese Sandwich Tomato Soup Kale Chips Fruit Milk	12 Chef's Choice
Deli Bar Daily \$4.00 <i>Offered Daily</i> Uncrustable peanut butter & Jelly Sandwich \$3.00	15 Mozzarella Sticks Pasta served w/ Marinara Sauce, Garden Salad Fresh Fruit Milk	16 Chicken Tenders Dinner Roll Assorted Dipping Sauce Sweet Potato Fries Baked Beans Strawberry Cup Milk	17 Corn Dog Cole Slaw Baked Onion Rings Fruit Cookie Milk	18 Chicken Cordon Bleu on a Croissant Spicy Red Fries Fruit Milk	19 Soft Shell Taco Served w/ Refried Beans, Lettuce, Tomato, Shredded Cheese, Rice Steamed Corn Fresh Fruit Milk
Offered Daily Hamburg or Cheeseburger \$2.85 Offered W & F Plain or Spicy Chicken Patty on Bun \$3.00 Salmon Burger \$3.75	22 Pasta w/ Meatballs & Sauce or Chicken & Broccoli Alfredo Sauce Dinner Roll Garden Salad Fruit Milk	23 Chef's Choice Oven Roasted Legume Fruit Milk	24 General Tso's Chicken Vegetable Egg Roll Fried Rice Steamed Broccoli Fruit Milk	25 Shepherd's Pie Dinner Roll Steamed Carrots Mashed Potatoes Gravy Fruit Cookie Milk	26 Shrimp Poppers Dinner Roll Oven Baked Onion Rings Fruit Milk
Main Meal \$2.85 All Meals come with Vegetable & Fruit Bar Selections	29 Memorial Day	30 Chicken Tenders Dinner Roll Assorted Dipping Sauce Sweet Potato Fries Baked Beans Strawberry Cup Milk	31 Chef's Choice	Offered Monday & Thursday Only Vegetarian Burger \$3.50	

This institution is an equal opportunity provider.