

# Middle Lunch Menu

October 2017

Jeanne Pierce: Food Service Director  
Telephone Number: 775 -8449

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Homemade Pizza Offered Tuesday/ Thursday \$3.00 Value Price 2 slices \$5.00</p> <p>Offered Daily <b>Yogurt Parfait</b> \$3.50</p>	2 Grilled Hot Dog on a Roll Served w/ Baked Beans Oven Baked Yucca Fries Assortment of Fruit Milk	3 Oven Baked Chicken Tenders Sweet Potato Puffs Fruit Cocktail Milk	4 Bosco Sticks w/Sauce Green Salad Seasonal Fruit Milk	5 Tuna Salad on Croissant Lettuce/Tomato Sliced Pickle Kale Chips Potato Salad Apple Crisp w/ Topping Milk	6 General Tso's Chicken Fried Rice Stir Fried Vegetables Pineapple Tidbits Milk
<p><b>To Go Salad Selections:</b> <b>Chicken Caesar, Caesar, Garden Salad</b> <b>\$3.50</b></p>	9 No School	10 Meatball Sub Oven Roasted Edamame Mixed Fruit Chocolate Pudding w/ Topping Milk	Breakfast for Lunch French Toast Sticks Syrup Sausage Links Baked Beans Strawberry Cup Milk	12 Soft Shell Taco Served w/ Lettuce, Tomato, Cheese, Salsa Spanish Rice Baked Plantains Milk	13 Mike's Cheese Bites w/ Marinara Sauce Spring Mix Salad Sliced Peaches Milk
<p>Offered Daily: <b>Cheeseburger or Hamburger on Bun</b> <b>\$3.00</b></p>	16 Grilled Cheese Sandwich Tomato Soup Goldfish Crackers Celery Sticks Sliced Peaches Milk	17 Chicken & Gravy Mashed Potatoes Dinner Roll Steamed Green Beans Sliced Peaches Milk	18 Shepherd's Pie Bread Stick Sautee Dill Carrots Fresh Local Apple Jell-O Milk	19 Baked Potato Bar Choice of: Cheese Sauce, Bacon, Chili, Chicken & Broccoli Kale Chips Sliced Pears Milk	20 Chicken Parmesan served over Pasta Garlic Stick Eggplant Fries Assorted Fruit Milk
<p>Offered Monday, Wednesday &amp; Friday <b>Chicken Patty on a Bun</b> <b>\$3.00</b></p>	23 Pasta w/ Sauce Mozzarella Sticks Garden Salad Assorted Fruit Milk	24 Grilled Hot Dog in a Bun Baked Beans Homemade Potato Salad Fruit Milk	25 Ramen Noodle Bar Broth, choice of: Tofu, Chicken, Broccoli, Snap Peas, Dinner Roll Mixed Fruit Cookie Milk	26 Top Your Own Mac & Cheese Pasta w/ Cheese Sauce select: Chicken, Ham, Hot Dog & Broccoli Dinner Roll Garden Salad Apple Sauce Cup Milk	27 Fish Taco's Salsa Lettuce, Tomato Jicama & Mango Slaw Baked Onion Rings Fruit Selection Ice Cream Milk
<p><b>Main Meal or Uncrustable PB&amp;J Sandwich Meal Lunch</b> <b>\$3.00</b> Offered Daily</p>	30 Sloppy Joe on a Bun Oven Baked Fries Local Blueberries w/ Topping Milk	<i>Worms in Dirt</i> (Pasta in a Sauce) Witches Broom Stick Mozzarella Sticks Roasted Brains (Oven roasted Cauliflower) Dracula Blood ( Fruit Punch) Treat(Jell-O) Ghostly Milk		Papa Gino's Day will be October 5 <sup>th</sup> Choice of Cheese or Pepperoni	Harvest of the Month  KALE

This institution is an equal opportunity provider