

Middle Lunch Menu

August/ September 2017

Jeanne Pierce: Food Service Director
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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Homemade Pizza Offered Tuesday/ Thursday \$3.00 Value Price 2 slices \$5.00</p> <p>Offered Daily Yogurt Parfait \$3.50</p>	<p>28 First Day of School</p> <p>Bosco Sticks W/Sauce Garden Green Salad Seasonal Fruit Milk</p>	<p>29</p> <p>Oven Baked Chicken Tenders Sweet Potato Puffs Fruit Cocktail Milk</p>	<p>30</p> <p>Tuna Salad or Chicken Salad on a Croissant Lettuce, Tomato & Pickle Chips Oven Roasted Chick Peas Sliced Peaches Milk</p>	<p>31</p> <p>Grilled Hot Dog on a Roll Oven Baked Fries Sliced Watermelon Milk</p>	<p>No School</p>
<p>To Go Salad Selections: Chicken Caesar, Caesar, Garden Salad \$3.50</p>	<p>4 NO SCHOOL <u>Please remember to apply for Free/Reduce Meals each school year</u></p>	<p>5</p> <p>Meatball Sub Oven Roasted Edamame Mixed Fruit Cocktail Milk</p>	<p>6 <u>Deli Bar</u> Choice of: Roast Beef or Chicken Salad in a Wrap w/ Chips Lettuce, Tomato Onions & Pickles Carrot Sticks Banana, Milk</p>	<p>7</p> <p>Soft Shell Taco Served w/ Lettuce, Tomato and Cheese Salsa Spanish Rice Refried Beans Grapes Milk</p>	<p>8</p> <p>Oven Baked Fish Sticks Baked Onion Rings Sliced Peaches Milk</p>
<p>Offered Daily: Cheeseburger or Hamburger on Bun \$3.00</p>	<p>11</p> <p>Grilled Cheese Sandwich Tomato Soup Celery Sticks Sliced Peaches Milk</p>	<p>12</p> <p>Whole Wheat Donut, Scrambled Eggs Sausage Links Baked Beans Orange Juice Milk</p>	<p>13</p> <p>Shepherd's Pie Bread Stick Steam Carrots Fresh Local Apple Milk</p>	<p>14</p> <p>General Tso's Chicken Fried Rice Stir Fried Vegetables Pineapple Tidbits Milk</p>	<p>15</p> <p>Chicken Parmesan served w/ Pasta Garlic Stick Cucumber & Tomato Salad Assorted Fruit Milk</p>
<p>Offered Monday, Wednesday & Friday Chicken Patty on a Bun \$3.00</p>	<p>18</p> <p>Pasta w/ Sauce Mozzarella Sticks Garden Salad Assorted Fruit Milk</p>	<p>19</p> <p>Grilled Hot Dog in a Bun Baked Beans Homemade Potato Salad Fruit Milk</p>	<p>20</p> <p>Chef's Choice Steamed Carrots Mixed Fruit Milk</p>	<p>21</p> <p>Sloppy Joe on a Bun Oven Baked Fries Pineapple Tidbits Milk</p>	<p>22</p> <p>Fish Taco's Salsa Lettuce, Tomato Spicy Cole Slaw Baked Onion Rings Fruit Selection Milk</p>
<p>Main Meal or Uncrustable PB&J Sandwich Meal Lunch \$3.00 Offered Daily</p>	<p>25</p> <p>Cheese Quesadilla Spanish Rice Grape Tomatoes Fresh Fruit Milk</p>	<p>26</p> <p>Chicken & Gravy Mashed Potatoes Dinner Roll Steam Broccoli Sliced Peaches Milk</p>	<p>27</p> <p>Steak & Cheese Sub Sautéed Peppers & Onions Oven Fries Sliced Pears Milk</p>	<p>28</p> <p>Taco Meat Tortilla Wrap, Shredded Cheddar, Refried Beans, Corn, Rice, Lettuces, Tomatoes, Salsa Mixed Fruit, Milk</p>	<p>29</p> <p>Bosco Sticks w/ Sauce Oven Roasted Beets Fresh Fruit Milk</p>

This menu meets the nutritional guidelines for the National School Lunch Program as established by the USDA.

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