



**Where: Bill Ball  
Stadium at Exeter  
High School**

**Time: 9:00 – 11:00  
AM**

**Ages:  
Kindergarten to  
5<sup>th</sup> grade (Open to  
girls and boys)**

**Dates: July  
17<sup>th</sup> – 21<sup>st</sup>  
(Rain or Shine)**

**Cost: \$125 pp**



# 2017 BLUE HAWK LITTLE STIX FIELD HOCKEY CAMP

**This camp is a youth development program designed to introduce and teach the basic fundamentals of field hockey to children by emphasizing fun physical activity. Over the week, participants will learn stick skills, take part in drills and get an opportunity to play in mini games/scrimmages.**

## **QUESTIONS?**

**Contact:**

**Head Varsity Field Hockey  
Coach, Deb Grott:  
[dgrott5@yahoo.com](mailto:dgrott5@yahoo.com)**



**EXETER ADULT AND COMMUNITY SERVICES**  
**Exeter High School Athletic Department**  
**1 Blue Hawk Drive Exeter, NH 03833**  
**Phone 775-8406 Fax 395-2514**

**\*2017 BLUE HAWK LITTLE STIX FIELD HOCKEY CAMP\***

**PROGRAM:** The Exeter Blue Hawk Field Hockey Camp is designed for students—boys and girls—in grades K-5 who are interested in learning the fundamentals of field hockey. The overall purpose of the camp is to provide participants the opportunity to learn skills and appreciate the sport of field hockey.

Detailed instruction of the following skills will be covered in camp:

**\*\*Passing \*\*Hitting \*\* Ball Handling \*\* Game Concepts\*\***

**\*\*Goal Keeping\*\* Receiving\*\* Game Rules\*\* Field Layout\*\***

**CAMP DIRECTOR:** The camp will be run by Deb Grott, Head Coach of Exeter High School Varsity Field Hockey. The Blue Hawk staff will consist of member of the Varsity Field Hockey Team as well as college players.

**DATES & TIMES:** The camp will be held Monday, July 17 through Friday, July 21. The hours of the program are 9:00 AM to 11:00 AM (rain or shine).

**LOCATION:** The camp will be held at Exeter High School Bill Ball Stadium.

**COST:** The cost of this camp is \$125.00 per player.

**REGISTRATION:** Please register at the Exeter High School Athletic Office or via US mail. Payment of the program cost is due upon registration. We regret that we cannot accept telephone registrations. Registration is on a first-come, first-served basis. Enrollment is limited.

**DEADLINE:** The deadline to register for this camp is by Thursday, July 13, 2017. We must have a minimum of five (5) players and a maximum of thirty-five (35).

**EQUIPMENT:** Campers should bring a mouth guard, shin guards, sneakers and/or turf shoes (if you have them), a water bottle, sweatshirt, and a field hockey stick. A stick could be provided, if necessary. Campers should wear shorts and a T-shirt.

**TO ENROLL:**

1. Make checks payable to: Exeter Region Cooperative School District – ERCSD
2. Complete application and return with check for the total amount to:  
Exeter High School  
Athletic Department – Summer Camps  
1 Blue Hawk Drive  
Exeter, NH 03833
3. Parent of guardian must complete release waiver form, and return with application
4. No confirmation will be sent. You will be notified if your child is **unable** to attend.
5. There will be an administrative fee for any refunds.

